## ASIA SUMAS MOUNTAIN MIDDLE SCHOOL SUPPLY LIST - GR 6-8 PE strip (ALL PIECES LABELED WITHNAME)

- shorts
- t-shirt
- Indoor running shoes with:ankle support, torsional rigidity, cushioning

## AND

- Outdoor supportive running shoes (these can be old ones)
- deodorant (non-spray)
- lock for change room locker (for locking up clothes/supplies during PE class)
- Labeled bag to keep all gear in

**DANCE CLASS** - comfortable clothing, **NO DENIM**. Give thought to days of dance class, wear leggings, sweat pants, shorts, etc. Students may also change into their PE Strip for Dance.

## **School supplies**

- 2" zippered binder with dividers LABEL WITH NAME
- 2 x duotangs
- 1 x Coiled notebook
- loose leaf paper (suggested amount for the year 600 sheets) DO NOT PUT ALL PAPER INTO BINDER, ONLY 40 SHEETS AT A TIME PLEASE! Rest stored in locker.
- headphones 1/8th jack (for computers)
- 36 (at least) x HB pencils
- pencil sharpener with cover
- white erasers (suggested number 3)
- scientific calculator (a must) (labeled with student's name)
- blue or black pens (suggested number 6)
- red pens (suggested number 4)
- 3 highlighters (different colors)
- large scissors
- glue sticks (suggested number 6 large)
- black ultra fine line markers (suggested number 4)
- soft pencil case large enough to hold at one time: 3 pencils, pencil sharpener, 1 eraser, calculator,1 blue/black pen, 1 red pen, 1 highlighter, scissors, 1 glue stick, 1 fine line marker LABEL CASE WITH NAME - LABEL ITEMS WITH NAME OR INITIALS
- 30 cm ruler (with metric AND imperial)
- white liquid glue
- A shoebox or plastic box to hold all extra supplies not in pencil case. This can be left in their locker and available to restock their pencil case when needed.
- 8 ½ x 11 coil bound sketch book (students should continue to use the sketch book they have from the previous year)
- pencil crayons (24 colors recommended brand: Prisma)

AND/OR felt pens (12 colours)

**Not needed:** Lock for main hallway locker - this is supplied by the school : Agenda, each student will receive their own school agenda